

PUBLIC NOTICE FOR APPLICATIONS no. 26/2025

Católica Medical School

- Lisbon -

Academic year 2025/2026

(Sleep Lab Academy Advanced Course – Single Phase)

Sleep Lab Academy Advanced Course was created in Dispatch NR/C/0423/2025, of October 9th, 2025, by the Universidade Católica Portuguesa. It is governed by article 111.º and by the other rules contained in the Regulation of the Study Cycles of Católica Medical School by Universidade Católica Portuguesa, approved in Dispatch NR/REG/0244/2023, of May 25th, 2023.

1. Conditions for admission of applicants

The Sleep Lab Academy Advanced Course is aimed at professionals who already work, or intend to start working, about Sleep Lab Academy, namely, doctors, dentists, technicians, nurses, psychologists, and sleep scientists/researchers. Applicants with a basic degree in a professional area will be considered, as well as those whose academic curriculum can justify their acceptance.

2. Number of Vacancies:

There are **twenty (20)** vacancies available for the Sleep Lab Academy Advanced Course.

3. Deadlines

Applications (online)	From November 12 th 2025 (from 9:00 am) to February 23 rd 2026 (until 11:55 pm)
Results (online)	February 27 th 2026
Registration (online)	From February 27 th to March 4 th 2026
First Day of Classes (presential)	March 7 th 2026

Note: The last day of applications and registrations coincides with the deadline of the respective payments.

4. Required documentation

During the application process, all applicants must complete an online form and attach the requested documents:

- Passport-type photo;
- Identification document – Citizen Card or other type of document. If another type of document is provided instead of the Citizen Card, the tax identification number is also required;
- Academic Degree Certificate(s);



- Detailed Curriculum Vitae;
- Motivation letter (maximum 2 pages).

5. Submission of the application

The application to the Sleep Lab Academy Advanced Course is presented exclusively through an *online system*, on the website of [Católica Médical School](#).

After filling the form, uploading the documents, and submitting, the applicant will have access to the online application platform to pay the application fee. The application will only be completed once payment has been made.

6. Assessment of Applications and publication of results

The selection and ranking of applicants will be carried out by a jury composed of

- **Professor António Medina de Almeida**, Dean of Católica Medical School;
- **Professor Amélia Maria dos Santos Feliciano**, Coordinator of Sleep Lab Academy Advanced Course;
- **Professor Susana Isabel Falardo Ramos**, Coordinator of Sleep Lab Academy Advanced Course;
- **Professor Andreia Marisa Neves Cardoso Correia Nunes**, Coordinator of Sleep Lab Academy Advanced Course;

The application grade will be a weighted average of the assessment of the following criteria:

Criterion (expressed on a scale from 0 to 20)	Weighting
Education	50%
Work Experience	50%

The applicants will be ranked according to their final classification (on a numerical scale from 0 to 20).

The results will be communicated to applicants in the online application process and will be expressed as follows: Admitted / Not Admitted / Excluded. The anonymized final ranking list can be consulted in the online application process.

7. Operation

Sleep Lab Academy Advanced Course has a duration of 240 hours (40 ECTS) and consists of two levels: Beginner and Advanced. Classes are divided into theoretical and practical components, following a modular training model, organized in a blended learning format.

In the theoretical component, all modules will be recorded in advance and available for students to view via an online platform, for a specified period. This will allow students to manage their acquisition of theoretical knowledge. After the theoretical modules, students will have to take an exam required to access the practical components. There will be a presential class between the theoretical and practical components of each level, which will take place on Saturdays between 9am and 1pm.

In the practical component, each student will be assigned a tutor, maintained throughout the course. This component, like the theoretical component, will take place online.



8. Tuition fees, payments and other fees

The value of tuition fees, payments and other fees is determined annually, and published in a separate document (Tabela de propinas, taxas e emolumentos); therefore, the values for subsequent school years may change.

The updated values can be consulted on the [Católica Medical School website](#).

The application fee is non-refundable in the event of cancellation, withdrawal, or exclusion of the application.

Application Fee	100,00 €
Tuition fee	2.000,00 €

9. Registration

Enrollment of applicants admitted attending the Sleep Lab Academy Advanced Course takes place once the tuition fee has been paid.

10. Other Information

This Advanced Course runs between March and July of 2026 and has 240 contact hours.

11. Contacts

<u>Email</u>	<u>Phone Number</u>
Academic and Administrative Services at Católica Medical School: medicina.fm@ucp.pt	Academic and Administrative Services at Católica Medical School: (+351) 21 872 42 00
Treasury Office: tesouraria.sede@ucp.pt	Treasury Office: (+351) 21 721 40 79

Academic and Administrative Services of Católica Medical School:

Office hours (in person and via telephone): Monday to Friday, from 09:30 am to 12:30 pm and from 02:30 pm to 05:30 pm

Online office hours: by appointment, scheduled by e-mail (medicina.fm@ucp.pt)

Location:

Faculdade de Medicina da Universidade Católica Portuguesa
Área Académica e Administrativa
Estrada Octávio Pato
2635-631 Rio de Mouro

Lisbon, 12th November 2025

Dean of Católica Medical School
Professor António Medina de Almeida