PUBLIC NOTICE FOR APPLICATIONS no. 26/2026

Católica Medical School

Lisbon

Academic year 2026/2027

3rd Phase

Advanced Course in Sleep Medicine

Advanced Course in Sleep Medicine created in Dispatch NR/C/0404/2022, of 17th November 2022, by the Universidade Católica Portuguesa It is governed by article 111º and by the other rules contained in the Regulation of the Study Cycles of Católica Medical School by Universidade Católica Portuguesa, approved in Dispatch NR/REG/0244/2023, of 23rd May 2023 and by the other conditions contained in this Public Notice.

1. Conditions for admission of applicants

This Advanced Course in Sleep Medicine is aimed at professionals who already work or intend to start working in the area of sleep, namely, doctors, dentists, technicians, nurses, psychologists, and sleep scientists/researchers. Applicants with a basic degree mentioned in professional areas will be considered, as well as applicants whose academic curriculum can justify their acceptance, will be considered.

2. Number of Vacancies:

There are **18** vacancies available for the Advanced Course in Sleep Medicine.

3. Deadlines

Applications ***(online)***	From September 28th (from 9:00 a.m.) to October 1st 2026 (until 11:59 p.m.)
Results ***(online)***	2nd October 2026
Registration ***(online)***	From 2nd October to 6th October 2026
First Day of Classes ***(hybrid)***	After enrollment

Note: The last day of applications and registrations coincides with the deadline of the respective payments.

4. Necessary documentation

During the application process, all applicants must complete an online form and attach the requested documents:

- Passport-type photo;
- Identification document – Citizen Card or, if another type of document, the tax identification number is also required (only applicable to national citizens).
- Academic Degree Certificate(s) with the indication of the final average.

- Detailed Curriculum Vitae.
- Motivation letter (maximum 2 pages).

5. Submission of the application

The application to the Advanced Course in Sleep Medicine is presented exclusively through an *online system*, on the website of Católica Médical School.

After filling the form, uploading the documents, and submitting, the applicant will have access to the online application platform to pay the application fee. The application will only be completed once payment has been made.

6. Assessment of Applications and publication of results

The selection and ranking of applicants will be carried out by the jury, which is made up of the Course Coordinators:

- **Professor António Medina de Almeida**, Dean of Católica Medical School;
- **Professor Amélia Maria dos Santos Feliciano,** Coordinator of the Advanced Course in Sleep Medicine;
- **Professor Susana Isabel Falardo Ramos**, Coordinator of the Advanced Course in Sleep Medicine.
- **Dr. Andreia Marisa Neves Cardoso Correia Nunes**, Coordinator of the Advanced Course in Sleep Medicine.

The application grade will be a weighted average of the assessment of the following criteria:

Criterion (expressed on a scale from 0 to 20)	Weighting
Education	50%
Work Experience	50%

The applicants will be ranked according to their final classification (on a numerical scale from 0 to 20).

The results will be communicated to applicants in the online application process and will be expressed as follows: Admitted / Not Admitted / Excluded. The anonymized final ranking list can be consulted in the online application process.

7. Operation

The Advanced Course in Sleep Medicine lasts 120 hours (20 ECTS). Classes take place mostly on Friday afternoons from 2 p.m. to 6 p.m. (Lisbon time) and one Saturday a month from 9 a.m. to 1 p.m. (Lisbon time). Exceptionally, in November, there will be a full-day Saturday from 9 a.m. to 6 p.m. (Lisbon time). Classes work in a blended learning format.

Lectures will be held online. After each theoretical module, there will be practical classes which will mostly be face-to-face, except for international speakers and students abroad or unable to attend. Some practical classes and the final seminar will be more profitable if they are face-to-face, but they can also be online.

8. Tuition fees, payments and other fees

The value of tuition fees, payments and other fees are determined annually, and published in a separate document (*Tabela de propinas, taxas e emolumentos*), therefore, the values for subsequent school years may change.

The updated values can be consulted on the Católica Medical School website.

The application fee is non-refundable in situations of cancellation, withdrawal or exclusion of the application.

Application Fee	105,00 €
Tuition fee	2.070,00 €

9. Registration

Enrollment of applicants admitted to attend the Advanced Course in Sleep Medicine takes place once the tuition fee has been paid.

10. Other Information

This Advanced Course runs from October 2025 to June 2026 and has 120 contact hours.

11. Contacts

Email	Phone Numbers
Académic and Administrative Services at Católica Medical School: medicina.fm@ucp.pt	Academic and Administrative Services at Católica Medical School: (+351) 21 872 42 00
Treasury Office: tesouraria.sede@ucp.pt	Treasury Office: (+351) 21 721 40 79

Academic and Administrative Services of Católica Medical School:

Office hours (in person and via telephone): Monday to Friday, from 9:30 a.m. to 12:30 p.m. and from 2:30 p.m. to 5:30 p.m.

Online office hours: by appointment, scheduled by e-mail (medicina.fm@ucp.pt)

Location:

Área Académica e Administrativa

Faculdade de Medicina da Universidade Católica Portuguesa

Estrada Octávio Pato

2635-631 Rio de Mouro

Lisbon, 24th September 2026

Dean of Católica Medical School
Professor António Medina de Almeida